



Keep youngsters active indoors and out! Burn up excess energy, improve balance & motor skills, strengthen muscles and enhance healthy growth.

Ces appareils de conditionnement physique aident les enfants à brûler leur trop plein d'énergie, améliorent l'équilibre et la motricité, renforcent les muscles et contribuent à une saine croissance.



Age / Âge : **3+**

Little Moppet™ gardening accessories will start imaginations growing! Made to accommodate small hands, plant the seed of fun.



Les accessoires de jardinage Little Moppet™ pour une imagination fertile ! Fabriqués pour s'adapter aux petites mains et aux pouces verts.



Age / Âge : **4+**



www.familygamesamerica.com
514.485.1834 | 514.485.2944
email: info@familygamesamerica.com



- Not to be used by children under age 3 - Maximum weight 99 lbs.
- Consult with your child's doctor prior to using.
- Never leave child unattended while on a machine.
- Never allow more than 1 user at a time.
- Child must wear shoes while on a machine.
- N'est pas adapté aux enfants de moins de 3 ans - 99 livres maximum.
- Consultez le médecin de votre enfant avant d'utiliser.
- Ne jamais laisser un enfant sans surveillance sur une machine.
- Ne jamais laisser plus d'un enfant sur la machine.
- L'enfant doit porter des chaussures sur la machine.



CHOKING HAZARD: This product contains small parts. • Dispose of plastic bags safely. • Assemble by a responsible adult. • Only use the tools specified. • Install and use on a flat, solid surface. • Inspect the product regularly for loose parts. • Retain ASSEMBLY INSTRUCTIONS for future use.

RISQUES D'ÉTOUFFEMENT : Ce produit contient de petites pièces. • Jeter les sacs en plastique en toute sécurité. • Le montage doit être fait par des adultes uniquement. • Utiliser les outils spécifiés. • Installer et utiliser sur une surface plane et solide. • Inspecter régulièrement pour pièces détachées. • Conservez les INSTRUCTIONS D'ASSEMBLAGE pour référence ultérieure.



**LMFT-04
Bench**

Age / Âge : **3+**



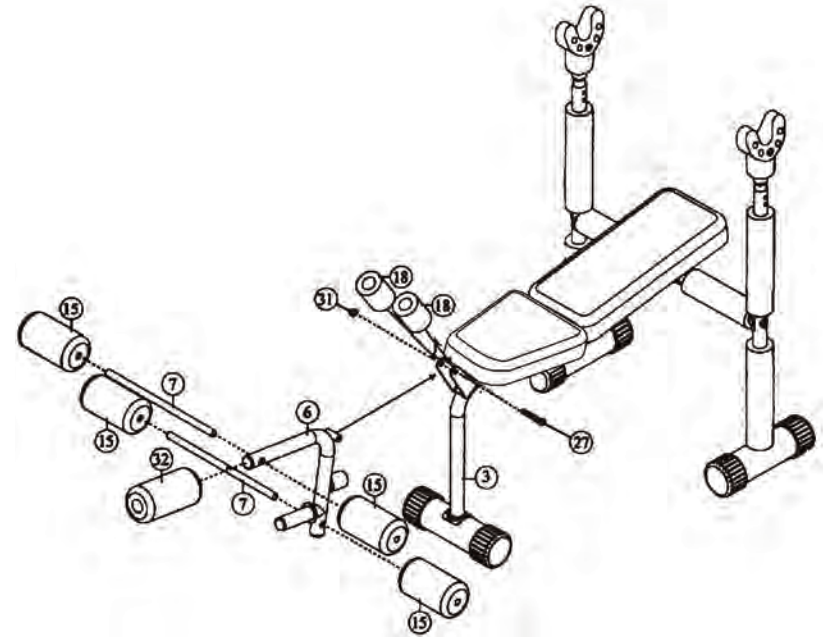
Assembly instructions

1. Ensure that all parts and fittings are included.
2. Remove the plastic from the parts and dispose of them safely.

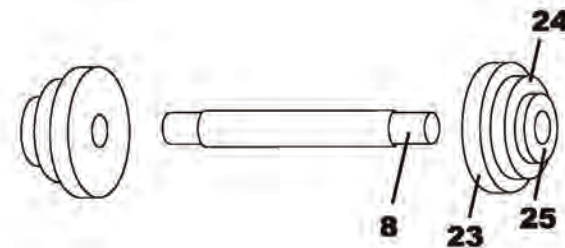


Step 3

Insert the Bracket Foams (18) to the brackets on the Frame (3). Fit the Leg Lift (6) into the bracket and fasten with Bolt (27) and Dome Nut (31). Fit the Leg Lift Foam (32) to the Leg Lift (6), then insert the Cross Bar Foams (15) to each end of the Cross Bar (7).

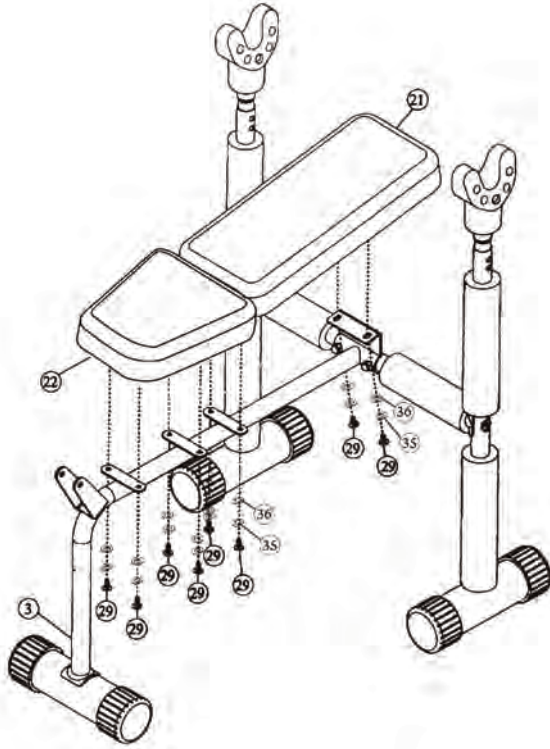


Fit Dumbbell weights (23, 24 & 25) onto the Weight Bar (8) as shown.



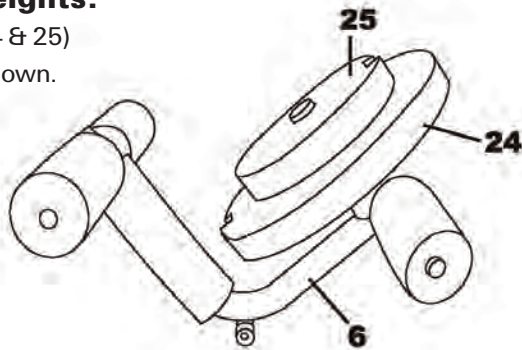
Step 2

Attach the Back Rest (21) and Seat (22) to the Frame (3) with the M6 Bolts (29) and M6 Washers (35 & 36).



Setting up the Weights:

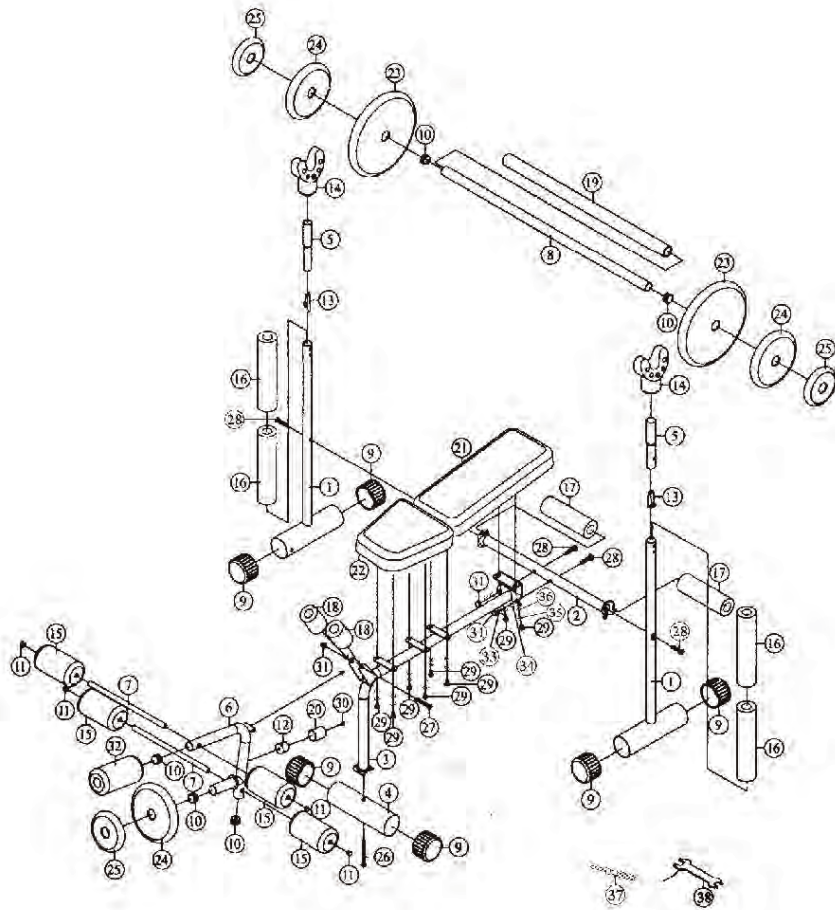
Fit Dumbbell weights (24 & 25) onto the Leg Lift (6) as shown.



Parts List

No.	Description	QTY
1	Upright	2
2	Rear Bracer Tube	1
3	Bench Frame	1
4	Front Floor Tube	1
5	Connector Tube	2
6	Leg Lift	1
7	Cross Bar	2
8	Weight Bar	1
9	60 mm. Round End Cap	6
10	1" Round End Cap	5
11	1/2" Round End Cap	4
12	Stopper	1
13	Lock Pin	2
14	Weight Bar Rack	2
15	Cross Bar Foam	4
16	Foam for Upright	4
17	Foam for Rear Bracer	2
18	Bracket Foam	2
19	Foam for Weight Bar	1
20	Foam for Stopper	1
21	Back Rest	1
22	Seat	1
23	Weight Plate (large)	2
24	Weight Plate (medium)	3
25	Weight Plate (small)	3
26	M8 x 70mm Round Head Bolt	1
27	M8 x 50mm Round Head Bolt	1
28	M8 x 40mm Round Head Bolt	4
29	M6 x 16mm Round Head Bolt	8
30	M4.8 x 16mm Tapping Screw	1
31	M8 Dome Nut	3
32	Left Lift Foam	1
33	M8 Spring Washers	2
34	M8 Curved Washers	2
35	M6 Spring Washers	8
36	M6 Flat Washers	8
37	Screwdriver	1
38	Spanner	1

Overview



Step 1

Insert the Connector Tubes (5) into the Uprights (1). Attach them to the Rear Bracer Tube (2) with M8 x 40mm Bolts (28). Attach Tube (4) to the Frame (3) with Bolt (26). Attach the Frame (3) to the Rear Brace Tube (2) with 2 x M8 x 40mm Bolts (28), 2 x M8 Curved Washers (34), 2 x M8 Spring Washers (33) and 2 x M8 Dome Nuts (31).

